

Who is this suitable for, people, situations, buildings (workplace schools), animals, yourself



The Angels are amazing beings, they can help us in all aspects of life, all we need to do is to ask! They cannot intervene unless they are invited to do so. There must be times when they stand by our sides wanting to help but knowing they have to wait. I'm guessing they must have some face in their hands moments as they see us doing the craziest of things, but as angels are totally unconditional in their love, they hold a space for us as we go through emotional pain/stress at some of the crazy decisions we make. Sometimes it's part of our journey to fall, because often it's at our deepest point of despair when the suffering is too much that we turn our head to the heavens and shout out to the universe! It is also from these lowest points that we somehow find the strength to make the greatest changes in our lives. I have seen high flying executives brought to their knees with a heart attack due to the huge amount of stress they had in their lives, to suddenly walk away from it all to do something that fed their soul instead of their bank account! Oddly enough that might sound strange, BUT when we make decisions from our heart not our ego everything falls very quickly into the right place and we find ourselves creating wealth from a totally different source and usually much quicker.

An angelic healing can be used to bring healing and light to adults and children. It can also be used to bring healing to a difficult situation, a workplace or any other building, like your home. As we go through the procedure to run a healing, we will look at bringing in the energy of whatever it is that you are looking to be healed. Intent behind what we do is

everything, and we can work energetically on anything or anyone wherever they are. You can work on a client either with them present, or you can do it absently, you will be calling their energy into your healing space. With most children under the age of 12 this will be the method you will use because as you know, getting a 2 year old to lie down quietly for 45 minutes just isn't going to happen!!

When and how often can I do it

This healing procedure that you will learn is first and foremost to benefit you! To get the most from working with the energy, I suggest that you run it once a week on yourself. No matter how many other healings you are doing, you should always do one for yourself. My suggestion is that you assign the same day for it every week so that it becomes a habit. Monday mornings or evenings is my suggestion, but we don't all have the luxury of peace and quiet on Monday mornings, I personally have five children, so time for me is very rare BUT I always make time for my spiritual practises. What I have found, is that using healing practises puts me in a peaceful frame of mind to cope with whatever life throws at me. I love this quote from the Dalai Lama,
"If you don't have enough time to meditate, then meditate some more ! "

You can run this healing on yourself and others no more than 3 times per week per person, trust how you feel about it. By stepping into the role of an Angelic Healer, you set yourself up on a path as a lightworker and as such the universe takes note and will send you situations and people to really trigger you to change those things about your life that no longer serve you. You will find that your group of friends and even your relationships will change. The reason for this is that like energy attracts like energy, you can see it in people if you look around you. Those people who are sadly addicts, draw addicts to them for partners. Those people who are very clever librarian types draw relationships to the same kind of librarian type. So the more lightwork you do, the more you will clear density from your own body and your own energy will shift and vibration will increase in frequency. People who don't match your vibration will naturally drift away and you will find you attract and are drawn to people on the same path as you. The changes can start to happen immediately and every time you run a healing either on yourself or others you will clear an aspect of yourself. You need time to integrate and work with these new frequencies in your body so running a personal healing on yourself no more than 3 times a week is very important. By all means take some time for meditation, contemplation or prayer, whatever feels best to bring yourself back into peaceful balance on your days in between.

Can I do this if I practise other spiritual modalities?

The Angelic Healing modality is perfect to use alongside other healing modalities, there are no contra-indications to do so.

What will the Angelic Healing do?

The Angelic Healing will work on all four planes of the body, the physical plane, the mental plane, the emotional plane and the spiritual plane. It will also work on all aspects of your life, as you change so will your life ! It is a divinely orchestrated process and you simply act

as a channel for the energy, it is very important that your ego does not become attached to what you are doing, what you are doing is of service to humanity, so beware of telling people that you are the best healer since the days of JC! I've seen it happen. What happens in these situations is that the universe will send those people spiritual initiations to show them how distorted their ego has got. It will test you all at some point.

Specific symptoms that an Angelic Healing can help with.

It would probably be easier to say that there are no specific symptoms that an Angelic Healing can't help with, but if you wish to, you can do a list for your website that shows some. Some people look for a healer who can help them with something specific and will look for an advert that has their exact symptoms. Here are some suggestions for symptoms that you might want to use in an advert or on a website, as you will see they are quite general.

Stress, anxiety, sleeplessness, colds, feelings of uneasiness, tiredness, headaches, digestive issues, worry, strange ringing in the ears, back pain, generally feeling unwell, relationship issues, childhood issues, grief, etc

It is also important to stress that you should never guarantee to a client that you can heal them, it is also forbidden to use these words in most countries in adverts as it contravenes advertising regulations and can leave you open to a whole legal situation that you would rather not be dealing with!

It is also important to note that we have medical doctors for a reason and advising a client to see a doctor is also recommended if necessary. We are physical human beings too and you should never advise a client to stop any medication they have been prescribed.